

The Sustainable Living Expo draws together a range of diverse approaches to sustainable living.

Staged at the Noarlunga Leisure Centre, this unique event will incorporate interactive displays, exhibits, workshops, business and community stalls and presentations.

With a focus on waste, water, garden, food, transport, energy and people, this **FREE** community event will provide you with real world solutions to help achieve sustainable change.

This is your opportunity to see and hear about leading practice innovation and information and learn how to make achievable changes in your life.

### Win two nights accommodation

For your chance to win two nights accommodation at Bellevue Bed and Breakfast, McLaren Vale collect your coupon from the Southern Times Messenger or cut out this coupon and bring it along to the expo. Bellevue Bed and Breakfast is proudly carbon-neutral and South Australia's only B&B with Climate Action Leader Certification.



The Sustainable Living Expo is a Zero Waste event.  
We appreciate your cooperation.

Split bins with compostable, recyclable and general waste sections will be placed in all main areas.

We encourage you to ride your bike to the event and bike racks are available.

For information on how to get to the event using public transport please visit [www.metroadelaide.com.au](http://www.metroadelaide.com.au) or phone 8210 1000.

Event silver sponsor: Ecocreative

For more information  
T 08 8384 0666 - [www.onkaparingacity.com](http://www.onkaparingacity.com)



**SUSTAINABLE ONKAPARINGA**



# Sustainable Living EXPO

Energy • Waste • Water • Transport • Gardens • Food • People

1 & 2 May • 10am - 4pm  
Noarlunga Leisure Centre  
[www.onkaparingacity.com](http://www.onkaparingacity.com)

## Stalls include:

Solar systems	City of Onkaparinga
Environmentally friendly household products	<ul style="list-style-type: none"> <li>Water management</li> <li>Waste management</li> </ul>
Environmentally friendly cosmetics	<ul style="list-style-type: none"> <li>Biodiversity</li> <li>Recreation trails</li> </ul>
Wind power	<ul style="list-style-type: none"> <li>Green jobs and Cleantech</li> </ul>
Sustainable building, design and construction	<ul style="list-style-type: none"> <li>Energy options</li> </ul>
European style electric bikes	<ul style="list-style-type: none"> <li>Food Security Trail</li> </ul>
Eco cars	
Sustainable communications	
Eco office supplies	
Sustainable gardening solutions	

## MC

Dick Olesinski, Environmental Consultant

## Walking the talk

The expo actively works towards creating a living, breathing example of a sustainable event. We have endeavoured to 'walk the talk' in all areas of the event production, including: email correspondence, meetings that avoid travel, providing suggestions for alternative transport methods to the event, venue adjacent to Noarlunga interchange, effective waste management at the event, recycled paper for promotional materials and organic and locally sourced caterers.

## Tastes, sights and sounds

Treat your taste buds to some organic local catering.

Amazing Drumming Monkeys.



Follow the habitat trail around the expo - you may be surprised to find out what some of our native wildlife call home and how you can help them to survive.

Le Junk, a recycled art exhibition will feature at the Port Noarlunga arts centre and will be open on Saturday 1 and Sunday 2 May, 12pm - 4pm.

Join the City of Onkaparinga's Sustainable Lifestyles Challenge at the expo and make the conscious decision to reduce your impact on the environment.

# Saturday 1 May

Time	Event	Location
10.20am	<b>Official opening and welcome</b> <i>City of Onkaparinga CEO, Jeff Tate</i>	Main room
10.30am	<b>Environment Grants and Awards and Built Heritage and Conservation Awards</b> <i>Presented by Jeff Tate, CEO &amp; Mayor Lorraine Rosenberg</i>	Main room
10.30am	<b>Home energy use and opportunities to reduce it</b> <i>Jessica Arnold</i> <i>Department for Transport, Energy and Infrastructure</i> <ul style="list-style-type: none"> <li>State and federal rebates</li> <li>Residential and other energy efficiency schemes</li> <li>Smart ways to reduce your energy bill</li> </ul>	Presentation Hub
11.15am	<b>Amazing Drumming Monkeys</b> Join Bongo and Congo on a drumming adventure. Sing and dance along to songs especially designed to help children understand important eco messages	Billabong
11.45am	<b>Attracting native wildlife into your garden</b> <i>Kate Smith, Backyards for Wildlife</i> Discover which native plants are best for your garden and how to create a wildlife habitat	Presentation Hub
12.30pm	<b>Raising eco kids</b> <i>Lee Kilsby, Greenleap</i> Raising children with an environmental conscience. Discussion will include topics such as cloth versus disposable nappies, natural alternatives and green games and activities	Presentation Hub
1.00pm	<b>Benefits of keeping backyard chooks</b> <i>Heidi Hancock, Chooks and Vegies</i> Meet the chickens and learn how to create a free range haven in your own backyard	Stall
1.30pm	<b>Wonders of the e-bike</b> <i>Christian Gurlach, Waverider Energy</i> Learn more about this unique technology and have a go on these highly efficient electric bikes	Stall
2.30pm	<b>Amazing Drumming Monkeys</b>	Billabong
3.00pm	<b>Food security, sovereignty and sustainability</b> <i>Joel Catchlove and Narelle Walker, Friends of the Earth</i> Discover more about the concepts of food security and food sovereignty. Learn what Friends of the Earth are doing locally to build and support sustainable and community-based food systems. Hear how to initiate and develop sustainable food projects in your communities	Presentation Hub
Time Free Come and Try		
10 - 2pm	<b>Create a pedal-powered smoothie</b>	
11 - 3pm	<b>Face painting</b>	
1 - 4pm	<b>Activity station for children to decorate peat pots &amp; plant seeds</b>	

# Sunday 2 May

Time	Event	Location
10.00am	<b>Doors open</b>	
10.30am	<b>Seaford Rail Extension</b> <i>David Bartlett, DTEI</i> Updates and information on this new and exciting project	Presentation Hub
11.00am	<b>Amazing Drumming Monkeys</b>	Billabong
11.30am	<b>Children's recycled art &amp; fashion challenge winners</b>	Main room
11.30am	<b>Onkaparinga foodies cooking demonstration</b> A cooking demonstration showing how to prepare an Easy Feast Pack - a new low budget meal idea	Stall
12.00pm	<b>Magic Harvest Project</b> <i>Tori Moreton</i> The food security project is encouraging people to grow their own food and make connections with others in their local communities	Presentation Hub
12.45pm	<b>Worm farming and composting workshop</b> <i>Chris Day, Worm Farming SA</i> This workshop will give you the knowledge and skills to set up and maintain your own compost bin or worm farm	Presentation Hub
2.00pm	<b>Simple green home improvements</b> <i>Lee Kilsby, Greenleap</i> Easy and cost effective ways to green your home using the best eco friendly products-so simple you'll wonder why you hadn't done it sooner	Presentation Hub
2.30pm	<b>Marlene's Mini Veggie Garden Box</b> Come and learn how you can grow vegies at home no matter what space restrictions	Stall
2.30pm	<b>Amazing Drumming Monkeys</b>	Billabong
3.00pm	<b>City of Onkaparinga's water management</b> <i>Andrew Thomas, City of Onkaparinga</i> Our water resources are vital to our communities, economy and environment. Hear how we manage and maintain these resources	Presentation Hub
3.30pm	<b>Winners of Biodiversity Trail announced</b>	Main room
Time Free Come and Try		
9.15am	<b>Fit in a workout before the expo opens with a body combat class provided by the Noarlunga Leisure Centre</b>	
10 - 2pm	<b>Create a pedal-powered smoothie</b>	
11 - 3pm	<b>Face Painting</b>	
12 - 2pm	<b>Fun games and recycled craft for children with Splodge</b>	